



District of Sparwood

Box 520 136 Spruce Avenue, Sparwood, BC V0B 2G0 | Phone: (250) 425-6271 | Fax: (250) 425-7277
email: sparwood@sparwood.bc.ca | website: www.sparwood.bc.ca

Sparwood Targets 2 Tonnes by 2020

Council is in the process of adopting a Community Greenhouse Gas Emissions Reduction Policy into our Official Community Plan to reduce our emissions by 2 tonnes per capita from the 2007 levels by 2020.

There are four areas that we are going to target to reduce our greenhouse gas emissions; electricity (BC Hydro), natural gas (Terasen), transportation and solid waste.

According to OneLessTonne.ca, switching all of your homes standard light bulbs to compact fluorescent or halogen bulbs can reduce your emissions by 0.09 tonnes and save you \$135 per year. These bulbs use about 75% less electricity than standard bulbs and last a lot longer. What a quick an easy way to start reducing your greenhouse gas emissions.

Check back here next week for some ideas of how you can reduce your carbon footprint. If you have any ideas you would like featured, please send them in.

Please send your questions, comments and ideas to Jen Woodall (jwoodall@sparwood.bc.ca) at the District Planning / Engineering Office.



Public Consultation Meeting Five Year Financial Plan

The District of Sparwood hereby gives notice that a Public Consultation Meeting will be held at 6:00 p.m. on Monday, March 15, 2010 in the Council Chambers, to discuss the District's Financial Plan for the years 2010-2014.

Council invites and encourages the public to attend and assist in setting priorities for our community over the next five years.

The meeting will be broadcasted on Community Channel 10 on Wednesday March 17, 2010 at 7:00 p.m.

Barbara Nunes
Director of Finance

Student Employment Opportunities Parks And Greenbelt Workers

9 students will be selected from the District of Sparwood
1 student will be selected from Area A of the RDEK

The District of Sparwood is looking for energetic and enthusiastic individuals who will be employed for the summer by the District of Sparwood to work as summer parks and greenbelt workers beginning May 10, 2010 to September 10, 2010. The rate of pay is \$15.36 per hour in accordance with CUPE 2698 Collective Agreement.

All applications must be received by the District of Sparwood Municipal Office on or before 4:00 p.m. Friday, March 26, 2010. The "hat" draw will be done on Monday, March 29, 2010. All successful applicants will be contacted following the draw. A system of ongoing performance evaluation will take place over the summer and those employees who meet the expectations laid out may be eligible to return the following year, provided they meet all other eligibility requirements set out herein.

Only students who have been enrolled on a full time basis in a post secondary institution during the 2010 Winter/Spring term and intending to return to school in the fall are eligible for these positions. All students are required to provide proof of enrolment by having their school registrar complete the letter attached to the student application form which is available at the Municipal Office, 136 Spruce Avenue or at the Sparwood Recreation Department, 367 Pine Avenue or on the District Website at www.sparwood.bc.ca. Grade 12 students who intend to return to school in the fall can apply; however, first preference will be given to post secondary students.

All successful applicants will be required to have a valid driver's license with a Class 5 or a minimum of a Class 7N or Class 7L. Applicants address must be the same on their Drivers License as mailing address or permanent address in Sparwood or Area A.

Any eligible applications received after the close date, will be automatically put on the bottom of this list as well as any who are unable to start employment on May 10, 2010.

Questions can be directed to the Sparwood Municipal Office at 250-425-6271 or emailed to mjosay@sparwood.bc.ca

What's Happening at the Sparwood Recreation Department



These Items Are Being Sold By Public Auction:

You can bid on line at: www.sparwood.bc.ca or contact Willy Lee at: 250-425-0552

Upright Exercise Cycle: Precor 842i, Exp Series, Ser# Aa83k0807009, Purchased : Nov 2007
This is a commercial grade, 3 year old unit in good operating condition

Treadmill: Sportsart - Powerfit 6003 Treadmill, Ser# 6003j22h0009, 20amp 120 Volt
Purchased: Jan 1996. This is a used commercial grade treadmill in good working condition.
Please note that this unit requires a 20Amp 120Volt dedicated circuit

Elk Valley Olympic Community Challenge

Be a part of the 2010 Olympic Spirit! You can get involved by getting active!

Exercise to earn points toward the 3 levels of the torch: Bronze, Silver, and Gold. **Go for Gold!** The more active you are and the more points you collect, the closer you will be to achieving gold!

Registration now available at the Sparwood Recreation Centre.

Registration Fee= \$25 (includes a calendar, points collection system, regular points standing updates, eligibility for multiple participation prizes at the wind up event, and access to the wind up event.)

Community Luncheon

Over 75 Sparwood seniors do not have a family member or another support person in the community and more than 30 Sparwood seniors never have people visit them
Recently a survey was administered to 275 local seniors and the result of this work will be presented and there will be discussion about the future direction of services for seniors in Sparwood. Lunch or Brunch will be served. Seating is limited to 80 people at each session. You may register for one of the following, on

Wednesday March 3, 2010:

Brunch Session: 10am-Noon

Lunch Session: 1pm-3pm

Both sessions will be held at the Sparwood Causeway Bay Banquet room. Register by calling the Sparwood Recreation Department at 425-0552.

Who should attend? • Seniors • Caregivers • Health providers • People working with seniors • Other concerned citizens of Sparwood

Upcoming Preteen/Teen Nights:

February 25th, March 11th & March 18th.

Gymnastics

Wednesdays beginning March 24th, 2010

Parent and Tot: 5:00 - 5:30pm

Ages 3 and 4: 4:00 - 4:45

Ages 5 - 7: 6:00 - 7:00pm

Ages 8 & Up: 7:00 - 8:00pm

Sparwood Recreation Department

March Fitness & Dance Classes

MONDAYS	
Gentle Fit	8:30-9:30 am
20/20/20	9:30 - 10:30 am
Aqua Fit	10:00-11:00 am
Strippercise	10:45-11:45 am
Advanced Strength Training	1:15 - 2:15 pm
Weights with Evelyn	4:30 - 5:30 pm
Legs, Bums, and Tums	5:45 - 6:45 pm
Latin Flavour	7:00 - 8:00 pm
TUESDAYS	
Ladies Wallyball	9:30 - 11:00 am
Lunch Hour Express	11:30 - 1:00 pm
Beginner Strength Training	1:15 - 2:15 pm
Weight Training for Teen Girls	3:45 - 4:45 pm
Killer Boots	5:00 - 6:00 pm
Water Walking	5:00 - 6:00 pm
Pilates	7:30 - 8:30 pm
Aqua Deep	8:00 - 9:00 pm
WEDNESDAYS	
Gentle Fit	8:30 - 9:30 am
Ab-solutely "Ripped"	9:30 - 10:30 am
Aqua Fit	10:00 - 11:00 am
Latin Flavour	10:45-11:45 am
Advanced Strength Training	1:15 - 2:15 pm
Weights with Evelyn	4:30 - 5:30 pm
Strippercise	8:15 - 9:00 pm
THURSDAYS	
Chiseled	9:30 - 10:30 am
Ladies Wallyball	9:30-11:00 am
Lunch Hour Express	11:30 - 1:00 pm
Beginner Strength Training	1:15 - 2:15 pm
Weights Training for Teen Girls	3:45 - 4:45 pm
Water Walking	5:00 - 6:00 pm
Kick-Boxercise	5:00 - 6:00 pm
Pilates	6:15 - 7:15 pm
FRIDAYS	
Gentle Fit	8:30-9:30 am
Aqua Fit	10:00-11:00 am
Advanced Strength Training	1:15 - 2:15 pm

