

Elk Valley & Crowsnest Pass OLYMPIC COMMUNITY CHALLENGE NEWSLETTER

www.sparwood.bc.ca/OCC

February 2010

Need More Information?

Workplace

Administrators can answer some of your questions

www.sparwood.bc.ca/OCC

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Community Challenge well under Way!

- The Olympic Community Challenge is well under way! Congratulations to those individuals and workplaces that have registered for the Challenge!
- Don't worry: if you have not registered, there is lots of time! Registration is ongoing throughout the duration of the Challenge and new participants are encouraged to join!
- Don't forget to hand in your monthly points totals at the end of each month to where specified by your workplace administrator.

February's Bonus Activity Information

HOCKEY BONUS WEEK

Feb. 1 - 7, 2010

- **Drop-in Shinny Hockey.** Monday - Friday from Noon to 1 at the Sparwood Arena.
- **Road Hockey.** Now is the perfect time to get out and play a little street hockey, after all; there's hardly any snow to stop you!
- **Pond Hockey in the Pass:** Saturdays from 9 - 10am.
- **Adult Rec Hockey in the Pass:** Tuesdays from 8-9:30 pm. Call 403-562-8833 for more info.



CROSS COUNTRY SKI/SHOW SHOE BONUS WEEK

Feb. 8 - 14, 2010

- **Try out some of the Sparwood cross country ski trails!** A map can be found at www.sparwood.bc.ca/recreation
- **Try out the cross country ski trail in Elkford.** Set up around the golf course! Snow shoe on the golf course or stay on the trail.
- **Allison Creek Cross Country Ski Trails:** www.allisonwonderlands.ca



BOWLING/CURLING BONUS WEEK

Feb. 22 - 28, 2010

- **Sparwood Water Spray Park Bowl - A - Thon:** Saturday, Feb. 27, 2010. For further information, contact Sharon Strom at 425-7242 or Nicole Senycz at 425-4714
- **Sparwood Bowl and Billiards:** call 425-2522 for hours of operation.
- **Crowsnest Mixed Bonspiel:** Feb. 26 - 28, 2010. Hawaiian theme, cash prizes, potluck dinner. \$100/team. Call Peter at 403-562-8215 for more info.



DANCE-THEMED CLASS BONUS WEEK

Feb. 15 - 21, 2010

- **Latin Flavor:** Mondays from 7 - 8pm at the Sparwood Recreation Centre.
- **Belly Fit:** Tuesdays from 6:15 - 7:15pm at the Sparwood Recreation Centre.
- **Stippercise Sparwood:** Wednesdays from 8:15 - 9:00pm at the Sparwood Recreation Centre. Ages 19 and above.
- **Stippercise Elkford:** Stop by the Rec Centre prior to Feb. 18th to pay for and register for Stippercise on Feb. 18, 2010



Bonus Activity Guidelines:

- Attend an activity that pertains to the bonus theme of the week and collect 200 bonus points.
- Only one bonus activity can be claimed per week.
- Record your bonus points just as you do your other points and add them into your monthly total.